

January 2012		St Patrick's Catholic School Lunch Menu			January 2012																		
Menu Subject to Change Without Notice		Lunch K-2nd: \$2.25; 3rd thru 8th: \$2.40; Adult Lunch: \$3.00																					
Chocolate 22g and White 11g Milk Served Daily		Milk: \$.35; Ala Carte: \$.65 to \$1.25; Extra Special: \$1.25 or \$1.50																					
Bread Basket Offered Daily		Salad Bar Offered Daily for Grades 3-8 and Adults																					
Monday		Tuesday		Wednesday	Thursday	Friday																	
2 Christmas Vacation	3 Christmas Vacation	4 Mr BBQ Rib on a Bun 54g Baked Beans 23g Diced Peaches 17g Total Carb Count 94g	5 Hot Dog on a Bun... 2 / 28g with/without Chili 29 Green Beans 4g Diced Pears 20g Total Carb Count 80g	6 LWP: 4th Boever Hamburger on a Bun 28g with/without Cheese Corn 18g Mixed Fruit 18g Total Carb Count 64g	9 Salisbury Steak w/Gravy 2/6g Tater Tots 24g Peas 8g PineApple Tidbits 18g Wheat Dinner Roll w/Marg 19g Total Carb Count 77g	10 Breaded Pork Sand... 11g on Wheat Bread 19g w/Lettuce & Pickles Pinto Beans 19g Diced Peaches 17g Total Carb Count 66g	11 Ham & Cheese Sand 27g Navy Bean Soup Fresh Carrots or Celery 8g Fresh Fruit 15g Total Carb Count	12 Pasta & Meatballs w/Spaghetti Sauce 14g Tossed Salad 4g StrawBerries 12g BreadSticks 18g Total Carb Count	13 LWP: 3rd West Diced Chicken Gravy over... 4g Mashed Potatoes 22g Fresh Peas 8g Mixed Fruit 18g Wheat Bread Sliced w/Marg 19g Total Carb Count 71g	16 No School Teacher in Service	17 Taco Scoupers 2g w/Tortilla Chips 17g Refried Beans 18g Mixed Fruit 18g Total Carb Count 55g	18 Chicken Breast Fillet... 6g Open Face Sand. w/Gravy 19/6g Tri-Tater 24g Cooked Carrots 12g AppleSauce 23g Total Carb Count 90g	19 Loaded Potato... w/Cheese & Hamburger California Blend Veggies Fresh Fruit 15g Wheat Dinner Roll w/Marg 19g Total Carb Count	20 LWP: 3rd Peal Mozzerella Cheese Stick 28g w/Marinara Sauce 10g Green Beans 4g Mandarin Oranges 19g Total Carb Count 61g	23 Chicken Fajita 37g Broccoli W/Cheese Sauce 4/2g Diced Peaches 17g Choc Chip Cookie 20g Total Carb Count 80g	24 Mini Corn Dog (K-5) 24g Reg Corn Dog (6-8) 25g Peas n Carrots 12g Mandarin Oranges 19g Wheat Dinner Roll w/Marg 19g Total Carb Count 74/75g	25 Chicken Nuggets 11g Baked Fries 24g AppleSauce 23g Wheat Bread Sliced w/Marg 19g Total Carb Count 77g	26 Shredded Pork... 16g on a Bun 28g Corn 18g Fruit Mix 18g Grab n Go Treat 20g Total Carb Count 100g	27 LWP: 3rd Miller Chicken Fried Steak 21g Mashed Potatoes w/Gravy 22/6g Fresh Fruit 15g Wheat Dinner Roll w/Marg 19g Total Carb Count 83g	30 Grilled Cheese... 27g Yogurt Cup 20g Fresh Peas 8g Diced Pears 20g Crackers 5g Total Carb Count 80g	31 Pepperoni Pizza 49g Tossed Salad 4g Celery & Carrots w/Dip 8/2g AppleSauce 23g Total Carb Count 86g	January 30th thru February 3rd is Catholic Schools Week	
Lunch Choices: A Complete Lunch Includes One Entrée, Two Different Fruits and/or Vegetables, Grain Bread, and Milk.																							
Offer vs Serve REQUIRES STUDENTS MUST TAKE THREE of These Components for a USDA Meal.																							
Students Can Only Purchase ONE USDA Lunch Per Day. Additional Ala Carte and Extra Specials Can be Purchased.																							
All Carb Counts are approximate and can vary slightly with product brand change																							